

Dr. Itkin Neurologic and Headache Clinic S.C.

HEADACHE QUESTIONNAIRE

Name:Date:
General and Aura
Approximately how old were you when you started to suffer headaches?
Do you have any of the following warning symptoms (1-12 hours before pain onset?
Elation/Irritability depression drowsiness hunger thirst
ight sensitivity
Do any symptoms typically come a few minutes before a headache?
Decreased hearing visual disturbance pins & needles numbness
Double vision disturbed speech confused thinking dizziness
Noise in the ears Incoordination
f checked, please specify:
The Headache
Mark the answer that best describes the symptoms you experience.
Pressure/tightening eye redness eye tearing nasal congestion
Throbbing/pulsating burning/stabbing boring/bursting
Other:
Do you ever have the need to go lie in a dark room? yes no

Is the headache usually so severe as to stop you from performing your usual					
activities i.e. work, school, family life, etc.? Yes No					
If "yes" please indicate what activities and frequency:					
Spatial Characteristics					
Where in your head do you feel the pain?					
Eye forehead temples back of head allover/all around					
Not localized					
Do you feel pain on one side or on both?					
One Both					
If on one side, is it always on the same side?					
Yes No No					
If on both sides, does the pain start on one side?					
Yes No No					
Precipitants					
Do any of these factors trigger a headache?					
Odors change in weather time of the year loss of sleep					
Allergens menses flicker/glare sleep excess hunger					
Jaw clenching relaxation after stress sexual activity smoking					
Head neck movement exercise fatigue emotion eye strain					
Stress					

Time Characteristics

		nany days of work or school have you missed in the las iche?	t month because of
0		1 2 or more	
		Fill this out to see if you may have Chronic	Migraine
	A.	How many days in the past month did you spend with migraine? Include all days with any headache pain of a those days you didn't feel you needed to take any med only took an over-the-counter-medication.	ny kind, even
	В.	How many days in the past month did you spend with Headache pain of any kind (headache free days)	out ANY ——
		Did any of your headaches/migraines last more Than 4 hours if you didn't treat them?	Yes No
		Have you ever been diagnosed as having chronic Headaches (including chronic tension-type headaches or chronic sinus headaches)?	Yes No No
		Have you ever been diagnoses as having migraines?	Yes No
		Do your headaches/migraines impact your daily life:	Yes 🔲 No 🗌
		Rate the Impact of your headaches/migraines on your daily life? 1	10

How many days in the past month have your Headaches/
migraines severely affected your daily life:
Describe how they affect your life: (missing work, social events, etc.
For woman only:
Has pregnancy affected your headaches? Are you currently pregnant?
Yes Yes No
Are you taking birth control pills?
Yes
Onset of menses:
Are you menopausal? Yes 🔲 No 🔲 If yes has your headache pattern
changed? Explain:
Are your headaches worse around your menstrual cycle? Yes No
Past Health
Head injury neck injury arthritis hypertension seizures
Blood disorders sinus disease dental disease stroke
Heart problems jaw/joint problems eye/ear problems
Asthma meningitis allergies kidney stones blood clots
Other:
Specify:
Previous Testing (please give date and results)
Brain MRI Cervical Spine Xrays
Brain Cat ScanSinus Xrays
EEGAngiogram

Previous Evaluations (please	e give name, date, and results)	
Neurologist	Headache Specialist	,
Internist	EMTEMT	
Dentist	Eye Exam	
	Allergist	
Previous Non-Medical Treat	ments	
Biofeedback/relaxation/self-hype	nosis	
Chiropractor	Acupuncture	
Physical Therapy	Allergy testing	
Nutritional counseling		

NEUROLOGIC AND HEADACHE CLINIC, S.C.

MEDICATION HISTORY FORM

Please check medications you have tried, if they worked and indicate side effects (explain below).

Over the Counter Side Side effects Worked effects Worked No Yes Yes Yes Drug Yes Drug Nο Acetaminophen Tylenol Aspirin Free Excedrin Aleve Excedrin Migraine Anacin Ibuprofen (Motrin, Advil, etc) Aspirin Explain: Herbal Side Side Worked effects Worked effects Herbal Yes Yes No Yes Herbal Yes No Feverfew Petadolex (butterbur) Magnesium Oxide Vitamin B2(riboflavin) Explain: **Prescription Pain Medication** Side Side effects Worked Worked effects Yes No Yes Yes No Yes Drug Drug Demerol (Meperidine) Naproxen Sodium (Anaprox, Naprelan, Naprosyn) П Esgic (Acetaminophen Norgesic, Norgesic Forte, Norflex, Tylenol #3 or #4 **Butalbital Caffeine)** П \Box \Box П Esgic Plus (Acetaminophen, Oxycontin Buralbita V Caffeine П П Fioricet (Butalbital, Percocet, Percodan, Acetaminophen, Caffeine Tylox (Oxycodone) П П Phrenilin (Butalbita V Fiorinal (Aspirin, Butalbita V Caffeine) Acetaminophen Fiorinal/Fioricet with Stadol Nasal Spray Codeine/Fiorinal #3 ☐ Toradol (Ketorolac) tabs, П Lidoderm Patch injection П Methadone (Dolophine) Ultram (Tramadol) Ultracet Morphine IV/IM MS Contin, \Box Vicodin, Vicoprofen, Lorcet (Hydrocodone) Kadian, Avinza Explain:

Headache Medications Side Side effects Worked effects Worked Drug Yes No Yes Yes No Yes Drug Amerge (Naratriptan) Maxalt (Rizatriptan) table or **IVILT dissolves)** Axert (Almotriptan) П П Midrin(Isometheptene, dichloralphenazone) CafergotTab, supp., Migranal Nasal Spry CafergotPB supp. Cambia П Relpax (eletriptan) The IV, IM Sumavel Dose Pro Ergomar SL Treximet Frova(frovatriptan) Zomig(Zolmitriptan) or ZMT (dissolves), nasal spray П Imitrex (Sumatriptan) tablets nasal Spray & injections Explain: **Anti-inflammatory Medications** Side Side effects Worked effects Worked Yes Drug Yes No Yes Drug Yes No Norgesic, Norgesic Forte, ☐ Arthrotec Norflex, Tylenol #3 or #4 Celebrex (Celecoxib) Oxycontin Demerol (Meperidine) Percocet, Percodan, Tylox (Oxycodone) Phrenilin Esgic(Acetaminophen **Butalbital Caffeine**) (ButalbitaVAcetaminophen) Esgic Plus (Acetaminophen, Stadol Nasal Spray BuralbitaVCaffeine Fiorinal/Fioricet with П ☐ Toradol (Ketorolac) tabs, Codeine/Fiorinal #3 injection Lidoderm Patch Ultram (Tramadol) Ultracet Methadone (Dolphine) Vicodin, Vicoprofen, Lorcet (Hydrocodone) Morphine IV/IM MS Contin, П □ Voltaren (Diclofenac sodium) Kadian, Avinza Explain:

Blood Pressure Medications Side Side Worked effects effects Worked Drug Yes Yes No Drug Yes Yes No Atenolol (Tenormin) Losartan Benicar (Olmesartan) Metoprolol (Lopressirm Torol XL) Bystolic Nadolol (Cofard) Cozaar, Hyzaar Verapamil (Calan, Coveas HS) Inderal (Propranolol) Explain: **CGRP** Side Side Worked effects Worked effects **Drug Injectables** Yes Drug Oral Yes No Yes Yes No Aimovig ☐ Ubrelvy Ajovy Emgality Explain: **Anti-Depressant Medications** Side Side Worked effects Worked effects Drug Yes No Yes Drug Yes Yes No Cymbalta (Duloxetine) Pristig Desipramine (Norpramin) Prozac (Fluoxetine)

Remeron (Mirtazapine)

Trazodone (Desyrel)

Vivactil (Protriptyline)

Wellbutrin (Bupropion)

Zoloft (Sertraline)

Viibryd

Doxepin (Sinequan)

Effexor (Venlafaxine)

Elavil (Amitriptyline)

Lexapro (Escitalopram)

Pamelor (Nortriptyline,

Aventyl)

Paxil (Paroxetine)

Explain:

Anti-Seizure Medications

Drug Depakote Keppra Neurontin (Gabapentin) Explain:	Worked Yes No	Side effects Yes	Drug Topamax (Topiramate) Trileptal (Oxcarbazepine) Zonegran	Worked Yes No	Side effects Yes
- CAPIGITI.					
	Mood Sta	blizer Med	ications		
Drug Abilify Lamictal (Lamotrigine) Lithium (Eskalith, Lithobid) Explain:	Worked Yes No	Side effects Yes	Drug ☐ Saphris ☐ Seroquel (Quetiapine) XR ☐ Zyprexa	Worked Yes No	Side effects Yes
		-			
Drug Flexeril (Cyclobenzaprine) Parafon Forte (Chlorzoxazone) Skelaxin (Metaxalone) Explain:	Worked Yes No	Side Side effects Yes	ications Drug Soma (Carisoprodol) Zanaflex (Tizanidine)	Worked Yes No	Side effects Yes
Drug Compazine (Prochlorperazine) Phenergan (promethazine) Reglan (Metoclopramide) Explain:	Anti-Na Worked Yes No	side effects Yes	Drug Tigan (Trimethobenzamide) Zofran (Ondansetron)	Worked Yes No	Side effects Yes

Anxiety Medications Side Side Worked effects Worked effects Drug Yes No Yes Drug Yes No Yes Ativan (Lorazepam) Valium (Diazepam) Buspar (Buspirone) Xanax (Alprazolam) ☐ Klonopin (Clonazepam) Explain: Corticosteroids Side Side offocto Worked

Worked Yes N	d effects No Yes	
Worked Yes M hot [] [k)	Side d effects Vo Yes	
lications Worked Yes	Side d effects No Yes	
Sleep Medication		
Worked	Side d effects lo Yes	
ip	pran) [

Emergency Room Medications

hat medications did not work in the emergency roo	om: Explain:	

07/06/2023

Headache ImpactTest (HIT-6)

Headache Impact Test (HIT-6) questionnaire was designed to help you describe and communicate the way you feel and what you cannot do because of headaches.

To complete, please circle one answer for each question.

1. When you have l	neadaches, how ofte rarely	en is the pain severe sometimes	e? very often	always				
2. How often do he household work,	eadaches limit your work, school or so	•	daily activities inclu	ding				
never	rarely	sometimes	very often	always				
3. When you have a	a headache, how oft	en do you wish you	ı could lie down?					
never	rarely	sometimes	very often	always				
4. In the past four v		ave you felt too tire	d to do work or da	ily activities				
never	rarely	sometimes	very often	always				
5. In the past four v headaches?	5. In the past four weeks, how often have you felt fed up or irritated because of your headaches?							
never	rarely	sometimes	very often	always				
6. In the past four weeks, how often did headaches limit your ability to concentrate on work or daily activities?								
never	rarely	sometimes	very often	always				
	+ ARELY points each	+ SOMETIMES 10 points each		ALWAYS 3 points each				
To score, add points	for answers in each	n severity rating.						
You should share you	•		S					
that stop you from en like family, work, so migraine.	hool or social activ	ities could be		TOTAL				

Reference:

Yang M, Rendas-Baum R, Varon SF, Kosinski M. Validation of the Headache Impact Test (HIT-6") across episodic and chronic migraine. *Cephalalgia*. 2011;31(3):357-367. doi:10.1177/0333102410379890.

SCORE

Higher scores indicate a greater impact on your life

Score range 36-78